



- Edema

#### 7. Hair : Inspection of Hair –

- Color
- Texture
- Distribution
- Alopecia

#### 8. Nail. Inspection and Palpation nails -

- Shape and Contour
- Consistency
- Color
- Lesions

#### 9. Head, neck and cervical lymph nodes,

#### 10. Mouth and throat :

- Dentition
- Bad smell
- Condition of gums
- Bleeding gums
- Frequent sore gums
- Burning of tongue (dysglossia)
- Foul taste (dysgusia)
- Hoarseness
- Voice changes
- Thrush.

#### 11. Eyes:

- Eye glasses/contacts
- Current Vision
- Changes in vision
- Double vision
- Excessive tearing
- Dryness
- Pain
- Photophobia
- Unusual sensations
- Redness
- Discharge
- Infections
- Cataracts
- Injuries

#### 12. Ear:

- Hearing impairment

- Use of hearing aid
- Discharge
- Lightheadedness
- Pain
- Tinnitus
- Infections
- Surgeries

13. Nose and sinus :

- Epistaxis
- Infections
- Discharge
- Frequency of colds
- Nasal obstruction
- Congestion
- History of injury
- Septal deviation
- Sinus infections
- Rhinorrhea

14. Respiratory:

- Pain
- Cough
- Pleurisy
- Dyspnea
- Sputum
- Tuberculosis
- Asthma
- Bronchitis
- Hemoptysis
- Wheezing
- Last CXR
- H/O BCG (bacilli Calmetter-Guerin) vaccine

15. Cardiovascular:

- Chest pain
- HTN
- Palpitations
- Orthopnea
- Paroxysmal Nocturnal Dyspnea
- H/O of MI
- Rheumatic fever
- Heart murmur
- Valve problems
- Last ECG
- Other heart tests – stress, echo, etc.
- Peripheral/dependent edema
- Varicose veins
- Thrombophlebitis
- Coolness of extremities
- Discoloration of extremities

#### 16. Gastrointestinal:

- Appetite
- Excessive hunger
- Excessive thirst
- Nausea
- Vomiting
- Diarrhea
- Constipation
- Dyspepsia
- Heartburn
- Waterbrash (gurg)
- Swallowing (dysphagia)
- Abdomen pain
- Change in stool color, caliber, consistency
- Frequency of bowel movements (BM)
- Change in bowel habits

- Hematemesis
- Rectal bleeding
- Melena
- Laxative use
- Antacid use
- Excessive belching
- Food intolerance
- Halitosis
- Change in abdomen size
- Hemorrhoids, fissures
- Infections
- Jaundice
- Rectal pain
- Previous abdominal x-rays
- Hepatitis
- Liver disease
- Gallbladder disease
- Pancreatic problems

17. Genitourinary (GU) – General ;

- Frequency
- Urgency
- Incontinence
- Polyuria
- Oliguria
- Dysuria
- Hematuria
- Proteinuria
- Nephrolithiasis
- Infections
- Bed-wetting
- Nocturia
- Flank pain

- retention
- Urine color, odor

18. Leg:

- ▶ Oedema
- ▶ Motor movement
- ▶ Joints: knee, ankle
- ▶ Toe: sensation