

Nursing care of family during life cycle transition

Nursing care of family during life cycle transition focus on childbearing families, families in the middle years, families with ageing and family nursing for care givers

Nursing care for the family nursing with childbearing family:

What do you mean by childbearing family?

Childbearing family is defined as facilitating the growth of individuals of families who are adding an infant to the family unit.

Nursing care with childbearing families are as follows:

1. Creating an atmosphere to facilitate trust and promote acceptance
2. Offering to be a listener.
3. Spending time with parents to convey acceptance and contribute to feeling self- worth.
4. Monitoring the family's current situation, including psychological status and effects of new born on family structure and effects of new couple's relationship after birth of the infant.
5. Identifying each member and family's coping mechanisms
6. Preparing parents for expected role changes and responsibilities of parenthood
7. Reinforcing positive parenting behavior.
8. Determining the age of the mother, family's economic and educational status, mother's marital status and literacy level.
9. Reviewing parental and intrapartal records for sign of the parental complications
10. Reviewing history both maternal & parental for abnormalities.
11. Ascertaining if pregnancy is planned or unplanned and degree of family approval & support.
12. Nothing any medications, anesthesia or analgesic administered during the intrapartal period.
13. Monitor parent –infant interactions
14. Prioritizing areas for risk reduction and planning for risk reduction activities.

Family nursing with families in middle age:

When a family returns to a two partner nuclear unit, as it was before childbearing. The partner may view this stage either as the prime time of their lives or as a period of gradual decline. Because the family has returned to a two partner union, support people may not be as painful as they were. Having a baby at this point in life may be viewed as exciting or worrisome, depending on individual circumstances.

Families nursing with aging families:

Elderly couple or elderly individuals are the fastest growing segment of the population. It is estimated that this group will present 20% of the population by 2030.

Nursing interventions of family nursing with aging families:

1. Keeping physically active, eating healthy meals regularly.
2. Receiving appropriate medical care & immunization
3. Establishing & maintaining social contacts are some of the tasks elder should focus onto stay healthy well into old age.

Family nursing for care givers:

Family caregivers caring for an elderly relative in a home hospice situation. These including...

1. Support from variety of sources including other family members and neighbors and hospice caregivers.
2. Adaptive activities such as laughter reasoning, respite, working, through it, taking one day at a time and establishing a routine
3. Support from religious faith and
4. Avoidance, such as not thinking about it not asking about what to expect, keeping busy and use of medication. In most countries, women have the major responsibility for elder care in their families.